



BLUETOOTH DIET SCALE



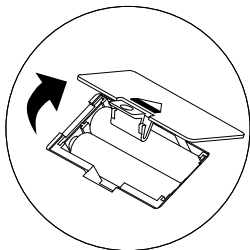
USER GUIDE AND CARE INSTRUCTIONS

The Stellar Bluetooth Diet Scale accurately weighs weight, milk and water volume.

Transferring this data to your mobile phone (with the free Modern Chef app installed) via bluetooth allows you to keep track of your daily intake of weighed calories, fats, cholesterol, carbohydrates, fibre, protein and sodium.

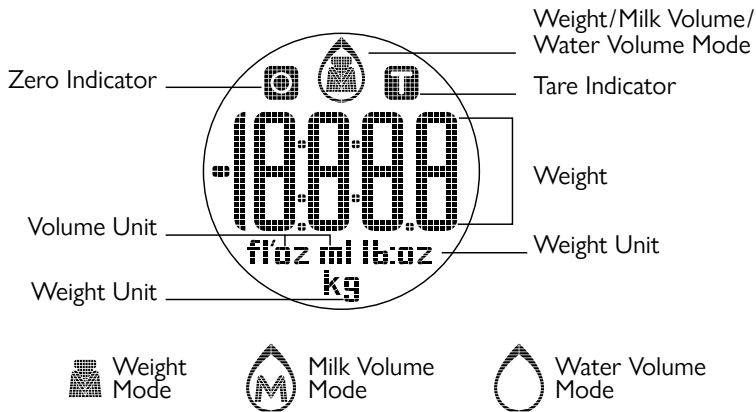
Please read these instructions carefully to set up your scale.

Battery Installation



- The Stellar Bluetooth Diet Scale takes 2 x 1.5V AAA batteries.
- Remove the battery cover as shown and install batteries according to the polarity markings.
- Please remove the batteries before long term storage.

LCD Display

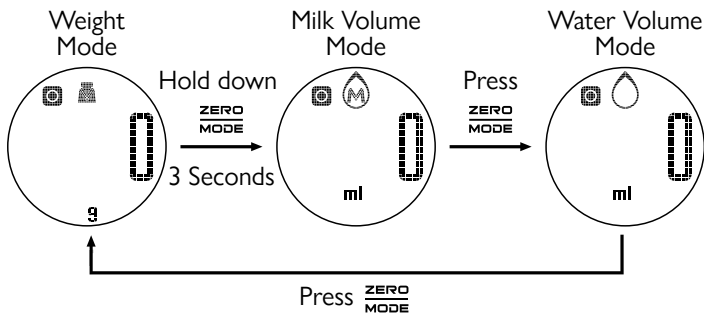


Before use

1. Install batteries as detailed overleaf.
2. Place on a solid, flat surface.
3. Press the scale platform to turn the scale on.
4. Wait until the LCD display shows "0".

Mode Conversion

Choose between Weight, Milk Volume and Water Volume as shown below



Changing between Metric and Imperial measurements



- To change between Metric (kg, g) and Imperial measurements (lb:oz) simply press the Unit button on the base of the scale.

Weight mode

1. Ensure the LCD display shows shows “0” (if using a bowl place on the platform first and press ZERO:MODE to reset the LCD display to “0”).
2. Place the object to be weighed either directly on the platform or into the bowl.
3. The weight will be shown on the LCD display.

Milk/Water Volume mode

1. Place a bowl or other suitable container on the scale platform and press ZERO:MODE to reset the LCD display to “0”.
2. Pour your liquid into the bowl/container.
3. The volume will be shown on the LCD display.

Add weigh/tare function

To weigh consecutively without removing the previous item from the scale press the ZERO:MODE button to reset the LCD to '0' before adding the next item.

Note: The tare symbol will only appear if the total load is greater than 200g.

Auto shut off (power saving mode)

Auto shut off occurs is the display shows '0' or the same weight reading for more than a couple of minutes.

Error Codes

Err	Overload warning	Scale is loaded past the maximum capacity (5kg) - Remove items to avoid damaging the scale.
Lo	Low battery warning	Battery power is low, please replace the batteries.

Cleaning and care

- Clean the scale with a damp cloth or taint free wipe.
- Do not immerse the scale in water.
- Do not use harsh chemical/abrasive cleaning agents.
- Immediately clean plastic parts after contact with fats, spices, vinegar and strongly flavoured/coloured foods.
- Avoid contact with acidic citrus juice.
- Do not knock, drop or drop any item onto the scale.
- Store in a cool dry place when not in use.
- For domestic use only.

Using the Modern Chef App

Download the app, available from the Apple App Store by scanning the QR code to the right or searching for 'Modern Chef'.



Setting up the app

■ Make sure bluetooth is turned on in your phone settings before use.

1. Turn the scale on.
2. Open the Modern Chef app.
3. Select the scale from the scale menu to link it with the app and rename it if desired.
4. Set up your user profile by entering the details requested and pressing the tick button.

Weighing and calculating nutrition

1. Ensure the LCD display shows shows “0” (if using a bowl place on the platform first and press ZERO:MODE to reset the LCD display to “0”).
2. Enter the food to be weighed into the search field on the Modern Chef app home screen.
3. Placing the object to be weighed either directly on the platform or into the bowl.
4. The weight will be shown on the LCD display of the scale and nutritional values displayed in the app.
5. To save to your history press the tick button, then Save

Custom foods

If the food you wish to weigh is not already in the app database press the + symbol in the top right of the search screen and enter the name and nutritional values per 100g to save to the database.

For further instructions see the settings section of the app.

Troubleshooting

If the application cannot get data from the scale

- Make sure bluetooth is turned on in your phone settings
- Confirm the scale is powered on and within range of your device
- Replace scale batteries
- Restart the Modern Chef Application
- Reboot your device

If Bluetooth connection fails

- Confirm that only one device is connected to the scales
- Confirm your device's Bluetooth version is V4.0 or above
- Confirm your device is Apple iPhone 4S or later with iOS 8.0 or later installed

STELLAR 2 Year Domestic Electrical Guarantee



- The Stellar 2 Year Domestic Electrical Guarantee covers the product to be free of defects in materials and workmanship for a period of TWO YEARS from the date of original retail purchase.
- During this period, Stellar will, at their option, repair or replace defective parts of the product, or replace the product, providing the Use Care and Safety Advice have been followed.
- The Guarantee does not cover damage, defect or failure caused by or resulting from accidents, external damage, alteration, modification, abuse, misuse or misapplication.
- The Guarantee does not cover any damage caused by taking the appliance apart yourself, or attempting to repair the appliance yourself.
- **THE PRODUCT IS INTENDED FOR DOMESTIC USE ONLY.**
- Please keep your Purchase Receipt and contact us directly if you encounter any problems with your product.

HORWOOD SHALL NOT BE LIABLE FOR INCIDENTAL OR CONSEQUENTIAL DAMAGES RESULTING FROM THE USE OF THIS PRODUCT (INCLUDING COLOUR FADING, SCRATCHES OR ACCUMULATED DIRT) WITHOUT FOLLOWING THE USE, CARE & SAFETY INSTRUCTIONS.

Note: Due to the introduction of improvements from time to time, the right is reserved to supply products which differ slightly from those illustrated and described in this publication.

Errors and Omissions Excepted.

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